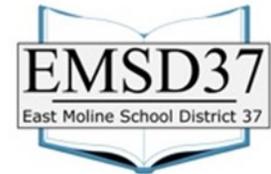
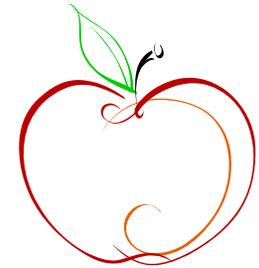

Parents and Guardians:

It is a goal of the East Moline School District to foster and actively promote a safe, supportive, and health-promoting environment for students' growth and learning. As part of this goal we would like to work with parents in promoting healthier options for birthdays and other celebrations during the 2013-2014 school year. In addition to the suggested options below, our district food service office is offering healthy alternatives for parents to purchase for birthdays and holiday parties. Please see the attached order form for a list of items that can be purchased and delivered to your student's classroom for special events.

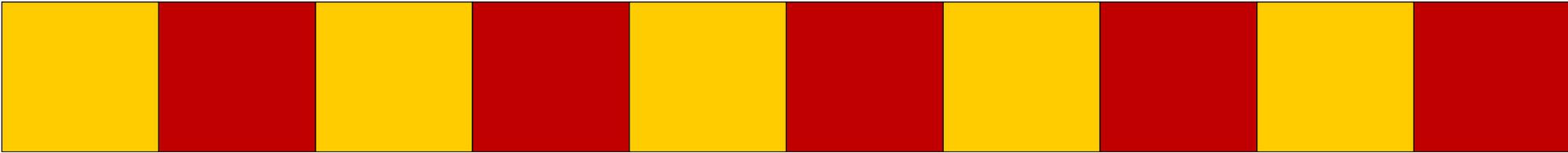


Healthy Snack Menu



3555-19th Street
East Moline, IL

309-792-2887



**Healthy Treat Options
Brought From Home
By The Student**

Vegetable sticks/slices and low-fat dressing or yogurt dip
Fresh fruit wedges
Sliced fruit
Frozen fruit pops
Dried fruits
Single serving applesauce or fruit
Low-fat muffins
Mini bagels with fat-free cream cheese
Yogurt and fruit parfaits
Low-fat pudding cups
String cheese
Non-food party favors

**East Moline District #37
Food Service Department**
would like to offer healthy alternatives to birthday and holiday parties. These items meet both the peanut/tree nut policy and the district's wellness policy. Napkins accompany snacks. Items can be ordered by visiting www.emsd37.org and choosing "DEPARTMENTS", THEN "FOOD SERVICE", and lastly "BIRTHDAY SNACKS". On the BIRTHDAY SNACK page there is a downloadable form that can be printed off, filled out and returned to the school with your payment. Please place orders at least 2 weeks prior to the desired delivery date and deliver the completed sheet and payment to your school's secretary. Only checks made out to East Moline District #37 or cash are accepted.

**East Moline District #37
Healthy Treat
Order Options**

Apple Chips
Apple Slices
Animal Crackers
Bug Bite Graham Crackers
Go-Gurt, Strawberry
Goldfish Crackers
Apple Juice, 4 oz.
1% White Milk
Skim Milk
Oatmeal Bar
Pretzels
Rice Krispie Treats
Scooby Doo Bone Graham Crackers
Water, 12 oz.

