

# AUGUST 2017

## East Moline School District #37 6-8 Grade Breakfast & Lunch Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

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- Maple Glazed French Toast Sticks
- Syrup
- Applesauce

- Mini Corn Dogs (turkey)
- Baked Beans
- Vegetable Choices
- Fruit Choices

- Oatmeal Bar
- Sliced Pears

- Spicy Chicken Sandwich
- Vegetable Choices
- Fruit Choices

- Mini Breakfast Pizzas
- Sliced Peaches

- Walking Taco
- Salsa
- Vegetable Choices
- Fruit Choices

- Bacon Scramble Pizza
- Fresh Strawberries

- Fiestada Pizza/Taco Pizza
- Refried Beans
- Salsa
- Vegetable Choices
- Fruit Choices

- Frosted Strawberry Pop-Tart
- Banana

- Philly Cheesesteak Sandwich
- or
- BBQ Rib Sandwich
- Baked Tater Tots
- Vegetable Choices
- Fruit Choices

- Strawberry Mini Pancakes
- Banana

- BBQ Pulled Pork Sandwich
- or
- Meatball Sub
- Baked Waffle Fries
- Vegetable Choices
- Fruit Choices

- Blueberry Muffin
- Banana

- Spaghetti w/ Meat Sauce
- Garlic Bread
- Vegetable Choices
- Fruit Choices

- Chocolate Muffin
- Orange Slices

- Chicken Nuggets
- Dinner Roll
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

- Breakfast Bites
- Syrup
- Pineapple Tidbits

- Mandarin Orange Chicken
- Fruit & Vegetable Choices
- Sliced Pears
- Vegetable Fried Rice
- Sugar Snap Peas
- Fortune Cookie

- Mini Cinnamon Rolls
- Mixed Fruit

- Popcorn Chicken
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

- Mini Cinnamon Rolls
- Sliced Peaches

- Hot Dog (turkey)
- BBQ Baked Beans
- Vegetable Choices
- Fruit Choices

- Biscuits & Gravy
- Mandarin Oranges

- Pizza Crunchers
- Corn
- Vegetable Choices
- Fruit Choices

**DID YOU KNOW...**  
August was named after Augustus Caesar

### Breakfast

Our breakfast includes all items listed plus a choice of milk and juice.

#### Alternate Breakfast Entrees Offered Daily

- Cereal, Cereal Bars, Yogurt, Cheese Sticks, and Graham Crackers

### Lunch

Our lunch includes:

- All items listed plus a choice of milk.

#### Alternate Lunch Entrees Offered Daily

- Deli Sandwiches
- BIG Salads
- Parfaits
- Wraps

#### Variety of Fresh Fruit & Vegetables Offered Daily

\*Veggies available with reduced calorie ranch

For a color version of this menu and nutrition information, check out the food service department on the district website:

[www.emsd37.org](http://www.emsd37.org)

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\*Menu subject to change without notice\*