

# FEBRUARY 2018

## East Moline School District 6-8 Grade Breakfast & Lunch Menu

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

5

NO SCHOOL  
IN -SERVICE DAY

6

- Pancakes
- Syrup
- Strawberries
- Soft Taco
- Refried Beans
- Mexican Rice
- Salsa
- Vegetable Choices
- Fruit Choices

7

- Apple Frudel
- Banana
- Sloppy Joe
- Vegetable Choices
- Fruit Choices

8

- Scone
- Yogurt
- Fresh Pineapple Wedge
- Cheeseburger
- Deli Roasters
- Vegetable Choices
- Fruit Choices

9

- Cinnamon Roll
- String Cheese Stick
- Orange Slices
- Crispy Chicken Sandwich
- Vegetable Choices
- Fruit Choices

12

- Graham Smacker
- Strawberries
- Godfathers Pizza
- Vegetable Choices
- Fruit Choices

13

- Smoothie
- Grapes
- Meat & Cheese Nachos
- Salsa
- Vegetable Choices
- Fruit Choices

14

- Frosted Strawberry Pop-Tart
- Banana
- Grilled Cheese Sandwich
- Tomato Soup
- Crackers
- Vegetable Choices
- Fruit Choices

15

- Chocolate Muffin
- Orange Slices
- Chicken Nuggets
- Dinner Roll
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

16

- Mini Cinnamon Rolls
- Sliced Peaches
- Hot Dog (turkey) Or
- Chili Dog
- BBQ Baked Beans
- Vegetable Choices
- Fruit Choices

19

NO SCHOOL  
PRESIDENT'S DAY

20

- Mini Breakfast Pizzas
- Sliced Peaches
- Walking Taco
- Refried Beans
- Salsa
- Vegetable Choices
- Fruit Choices

21

- Maple Mini Pancakes
- Banana
- Lasagna
- Garlic Bread
- Vegetable Choices
- Fruit Choices

22

- Breakfast Bites (turkey)
- Syrup
- Pineapple Tidbits
- General TSO's Chicken
- Vegetable Fried Rice
- Vegetable Choices
- Fruit Choices
- Fortune Cookie

23

- Maple Glazed French Toast Sticks
- Syrup
- Applesauce
- Mac & Cheese or
- BBQ Pulled Pork Sandwich
- Vegetable Choices

26

- Oatmeal Bar
- Sliced Pears
- Spicy Chicken Sandwich
- Vegetable Choices
- Fruit Choices

27

- Bacon Scramble Pizza (turkey)
- Strawberries
- Fiestada Pizza/Taco Pizza
- Refried Beans
- Salsa
- Vegetable Choices
- Fruit Choices

28

- Blueberry Muffin
- Banana
- Spaghetti w/ Meat Sauce
- Garlic Bread
- Vegetable Choices
- Fruit Choices

### Breakfast

Our breakfast includes all items listed plus a choice of milk and juice.

### Alternate Breakfast Entrees Offered Daily

- Cereal, Cereal Bars, Yogurt, Cheese Sticks, and Graham Crackers

### Lunch

Our lunch includes:

- All items listed plus a choice of milk.

### Alternate Lunch Entrees Offered Daily

- Deli Sandwiches
- BIG Salads
- Parfaits
- Wraps

### Variety of Fresh Fruit & Vegetables Offered Daily

\*Veggies available with reduced calorie ranch

For a color version of this menu and nutrition information, check out the food service department on the district website:

[www.emsd37.org](http://www.emsd37.org)

The USDA & SFA prohibit discrimination on the basis of race, color, national origin, sex, age, or disability. The USDA & SFA are an equal opportunity provider & employer.

\*Menu subject to change without notice\*

