

MARCH 2018

East Moline School District 6-8 Grade Breakfast & Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

An old proverb says, "March comes in like a lion, and goes out like a lamb," which is reference to winter ending and spring beginning. Another popular saying is "March is mad as a hare," which is a reference to the animals fighting each other.

- 5**
- Mini Breakfast Pizzas
 - Cheese Stick
 - Orange Slices
 - Breaded Chicken Bites
 - Dinner Roll
 - Rice Krispie Treat
 - Vegetable Choices
 - Fruit Choices

- 6**
- Blueberry Bash Mini Waffles
 - Fresh Pineapple Wedge
 - Cheesy Garlic French Bread Pizza
 - Marinara sauce
 - Vegetable Choices
 - Fruit Choices

- 7**
- Frosted Fudge Pop-Tart
 - Banana
 - Crispito's
 - Vegetable Choices
 - Fruit Choices

- 1**
- Mini Cinnamon Rolls
 - Mixed Fruit
 - Popcorn Chicken
 - Mashed Potatoes
 - Vegetable Choices
 - Fruit Choices

- 2**
- Strawberry Parfait
 - Applesauce
 - Cinnamon Crisps
 - Cheesy Garlic French Bread Pizza
 - Marinara Sauce
 - Corn
 - Vegetable Choices
 - Fruit Choices

- 8**
- Breakfast Sandwich
 - Fresh Berries
 - Spicy Chicken Fingers Or
 - Chicken Fries
 - Dinner Roll
 - Mashed Potatoes
 - Vegetable Choices
 - Fruit Choices

- 9**
- Cooks Choice
 - Fruit Choices

½ DAY SCHOOL
NO LUNCHES

12
NO SCHOOL
SPRING BREAK

13
NO SCHOOL
SPRING BREAK

14
NO SCHOOL
SPRING BREAK

15
NO SCHOOL
SPRING BREAK

16
NO SCHOOL
SPRING BREAK

- 19**
- Scone
 - Yogurt
 - Pineapple Tidbits
 - Godfathers Pizza
 - Vegetable Choices
 - Fruit Choices

- 20**
- Pancakes
 - Syrup
 - Strawberries
 - Soft Taco
 - Refried Beans
 - Mexican Rice
 - Salsa
 - Vegetable Choices
 - Fruit Choices

- 21**
- Cherry Frudel
 - Banana
 - Cheeseburger
 - Deli Roasters
 - Vegetable Choices
 - Fruit Choices

- 22**
- Cinnamon Roll
 - String Cheese Stick
 - Orange Slices
 - Crispy Chicken Sandwich
 - Vegetable Choices
 - Fruit Choices

- 23**
- Cinnamon Rush Mini French Toast
 - Mixed Fruit
 - Bosco Sticks w/Marinara Sauce
 - Vegetable Choices
 - Fruit Choices

- 26**
- Graham Smacker
 - Fresh Strawberries
 - Hot Dog (turkey)
 - BBQ Baked Beans
 - Vegetable Choices
 - Fruit Choices

- 27**
- Mini Cinnis
 - Peaches
 - Meat & Cheese Nachos
 - Salsa
 - Vegetable Choices
 - Fruit Choices

- 28**
- Frosted Strawberry Pop-Tart
 - Banana
 - Philly Cheesesteak Sandwich or
 - BBQ Rib Sandwich
 - Baked Tater Tots
 - Vegetable Choices

- 29**
- Chocolate Muffin
 - Yogurt
 - Orange Slices
 - Chicken Nuggets
 - Dinner Roll
 - Mashed Potatoes
 - Vegetable Choices
 - Fruit Choices

30
NO SCHOOL

Breakfast

Our breakfast includes all items listed plus a choice of milk and juice.

Alternate Breakfast Entrees Offered Daily

- Cereal, Cereal Bars, Yogurt, Cheese Sticks, and Graham Crackers

Lunch

Our lunch includes:

- All items listed plus a choice of milk.

Alternate Lunch Entrees Offered Daily

- Deli Sandwiches
- BIG Salads
- Parfaits
- Wraps

Variety of Fresh Fruit & Vegetables Offered Daily

*Veggies available with reduced calorie ranch

For a color version of this menu and nutrition information, check out the food service department on the district website:

www.emsd37.org

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Menu subject to change without notice